

# TOWER NOTES



## Expedition for Change



For UPMC enrollment services specialist Jason Hallmark, a 12-day expedition to the Arctic in June was more than the trip of a lifetime. It was an opportunity to connect with 86 delegates from 27 nations who, like him, are focused on issues of sustainability, climate change and energy use.

Jason, profiled in the February issue of Tower Notes, was selected to participate in the ClimateForce: Arctic 2019 Expedition as part of the Leadership-On-The-Edge program. Spending five days in Oslo, Norway, and seven days aboard the National Geographic Explorer, Jason saw first-hand the effects of climate change and learned about climate science and sustainable development from world-renowned experts.

"I learned so much about what people are doing, about carbon capture and storage, and about what we can do" he says.

Recounting highlights of his expedition, Jason describes kayaking next to an iceberg, cleaning an island in the Arctic that was strangely littered with plastic, and sharing the story of his recent multiple sclerosis diagnosis in May – a diagnosis that didn't hold him back from discarding his hiking stick along the journey and receiving the Adventurer Award aboard the ship.

Now back in Pittsburgh, Jason hopes to work with local restaurants to donate a small amount from each check to plant a tree in Pittsburgh. And he's joining

his colleagues from the expedition in a monthly challenge with a sustainability goal, like eliminating single-use plastic for the entire month of July.

"I want to get people to think about what impact their daily actions will have on the planet and other people," Jason says, when asked about the message he hopes to share.

Next up for Jason, who is also a member of the tower's Sustainability Committee, is climbing Mount Kilimanjaro in February 2020, and another expedition – this time to Antarctica – in November.

[Click here](#) for a video about Jason's expedition.

## Sustainability Committee

The next meeting of the tower's Tenant Sustainability Committee is Wednesday, Sept. 4, at noon in Rm. 33C-12. The topic is Workplace Wellness. For more information or to join, contact [rcain@winthropgh.com](mailto:rcain@winthropgh.com).

# AUGUST

## 2019 Concierge Calendar

### Toastmasters in the Tower

Thursdays, 12-1 pm, Rm. 33C-12

A convenient opportunity, right here in the tower, to participate in a unique and proven program to develop your communication and leadership skills. You will enjoy a positive and supportive atmosphere in a community of learners.

### Flower Fair on the Plaza

Fridays, 10 am - 2 pm, Plaza

Our favorite plant lady, Elaine Pisarcik, provides a fresh selection of top-quality flower bouquets, hanging baskets, plants, herbs and produce directly from her local farm and greenhouses.

### Evolution E-cycling

August 29 (floors 31-62) & 30 (floors 4-30), by 11 am, Service Corridor

Bring your old computers and electronic devices to your floor's service corridor by 11 am on your pickup day for safe and convenient e-cycling. Be sure to label your items with your company's name and suite number. For questions, contact 412-787-1616 or [jmetz@evolutionecycling.com](mailto:jmetz@evolutionecycling.com).

### U. S. Steel Tower Summer Concert Series

12-1:30pm, Plaza

Aug. 6 Salsamba

Aug. 13 Kenny Blake Trio

Aug. 20 Lori Thee & Rick Gallagher

Aug. 27 The River City Brass Band



“Music acts like a  
*magic key*  
to which the most tightly closed heart opens.”

– Maria Augusta von Trapp

# Ticket Offers

Contact the Concierge, Barbara Stull, at 412-553-8803, for best available seats, many at discounted rates.

### Pittsburgh Pirates Tickets

Order your tickets for Pirates home games at discounted prices with no service fees. Enjoy best available seating and the convenience of retrieving your tickets at the Concierge office.

### Harry Potter and the Chamber of Secrets

Aug. 2 & 4, Heinz Hall

Re-live the magical adventure of Harry Potter's second year at school like never before. This concert features the film in high definition, while the Pittsburgh Symphony Orchestra performs John Williams' otherworldly score.

The Pittsburgh Cultural Trust announces, “He’s Back!”

### Eric Jones in Impossible

Aug. 7 – Sept. 8, Liberty Magic

After making every ticket disappear during his sold-out, six-week run in the spring, Eric Jones returns for an encore performance of *Impossible*.

Retro Red Productions presents

### Corporate America, The Musical

Aug. 10 & 11, St. Paul's Episcopal Church

Enjoy a semi-staged production of a new musical that parodies corporate America while telling the story of a middle-aged woman's coming of age as she finds herself being replaced by a younger version of who she once was. Tickets are free – donations are welcome. Reserve online at [www.retrored.net](http://www.retrored.net).

Front Porch Theatricals presents

### Fun Home

Aug. 16-25, New Hazlett Theater

One of the most unforgettable, refreshingly honest and wholly original musicals to ever hit Broadway. *Fun Home* traces the coming of age of author Allison Bechdel from her youth to her years at Oberlin College and her present, where she struggles to make sense of it all, particularly her relationship with her father.

The Pittsburgh CLO presents 3 memorable shows

### Spamilton: An American Parody

Through Aug. 21, CLO Cabaret

After tearing it up in New York, Chicago and Los Angeles, this singing, dancing comedy revolution makes a stop in Pittsburgh.

### Once

Through Aug. 4, Benedum

Drawn together by their shared love of music, a woeful Irish musician and a captivating Czech woman meet on the streets of Dublin. This achingly beautiful, joyously uplifting show is the winner of eight Tony Awards including Best Musical.

### Hello Dolly!

Aug. 6-11, Benedum

Winner of four Tony Awards, including Best Musical Revival, Hello Dolly! stars Broadway legend Betty Buckley. This universally acclaimed smash was called a “musical comedy dream” by the Washington Post.