



APRIL 2022



# Tower Notes

## Party on the Plaza



What better way to kick off springtime than a party on the plaza? Join the Pittsburgh Downtown Partnership (PDP) on Thursday, April 21st, from 3 pm to 8 pm – rain or shine – for live music and beer from the Brews Gentlemen, along with Sullivan's bar bites, wine and famous cocktails.

And keep your eye out for a special guest – Iceburgh, the Penguins mascot, who's planning to stop by.

Watch for more details and information coming soon.



## New Evacuation Assembly Point

We've identified a new assembly point for building evacuations. Now that our former assembly site is in a construction zone, we will be gathering at Frankie Pace Park in the event of an evacuation. The park is located between Bigelow Boulevard and Centre Avenue. You can reach the park from the 7th Avenue building exits and also by going up 6th Avenue to Bigelow Boulevard or Centre Avenue. For questions, please reach out to your floor Warden.

Our next emergency drill will be in May, but it is not a full building evacuation drill. Watch for details early next month. We will not be holding a full building evacuation drill until 2023.

## Upper Lobby Renovations

We're sprucing up the north wing of the Upper Lobby beginning in May, and we know you're going to love it! Watch for new flooring, seating and lighting to tie together our lobby renovations to date. And we'll be adding fresh carpet throughout. Renovations will be completed this summer.

## Food Trucks are Back!

Nothing says springtime like lunch on the plaza! Your favorite food trucks are coming back every Tuesday and Thursday, with more to come each week. Check out our lineup for late April:

**April 26th – Revival Chili** [www.revivalchili.com](http://www.revivalchili.com)

**April 28th – Tango** [www.tangofoodtruck.com](http://www.tangofoodtruck.com)

**& Mission Mahi**

<https://www.facebook.com/MissionMahi-328291267364418>



If April showers should come  
your way, they bring the flowers  
that bloom in May

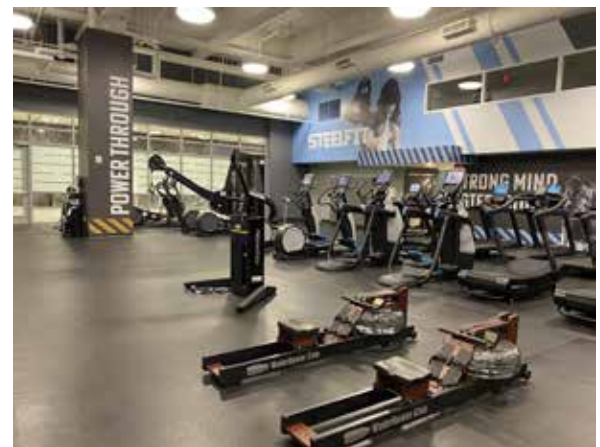
– Buddy de Sylva

## Have You Tried Out **STEELFIT?**

Located on the tower's concourse level, STEELFIT is your in-house fitness center with membership beginning at just \$25 per month. STEELFIT is exclusive to U.S. Steel Tower tenants and provides members with full-service locker rooms, a variety of strength and cardio equipment, Peloton exercise bikes, personal training services, group fitness classes, nutrition counseling, muscle recovery tools and more.

### What's new at STEELFIT this month?

- **April is Stress Awareness Month**
  - **STEELFIT staff will be providing stress relief services at various locations in the tower.**
  - **Receive a free Mindfulness Activity Calendar.**  
Email [cbuck@archamenity.com](mailto:cbuck@archamenity.com) with the subject line "Activity Calendar" to receive your free interactive calendar!
- **TEAM training (FREE all month! Fees resume May 1st)**
  - **STEEL Body (H.I.I.T.) – Monday - Friday @ 12 - 12:30 pm**
  - **Combines elements of High Intensity Interval Training (H.I.I.T.), Circuit Training and Functional Training.**  
All fitness levels encouraged
- **Group Fitness (FREE with membership)**
  - **Yoga w/ Gina – Tuesday & Thursday @ 5:30 - 6:15 pm**



## Read What Our Members Are Saying

"Always very clean! Staff, location and equipment are great!"

"This is the first gym that I've joined that doesn't have a traditional circuit, but you don't need it... the staff is very helpful and available to show you the machines and assists you in developing your own routine, targeting your concerns."

"Staff truly cares about the BETTER you and will help you get there!"

## Company of the Month

Did you know that your company can be featured as STEELFIT's Company of the Month? As the company of the month, your entire team is eligible for various discounts and FREE incentives for joining STEELFIT. Submit your request to be STEELFIT's Company of the Month by emailing [cbuck@archamenity.com](mailto:cbuck@archamenity.com). All requests will be coordinated with the company's primary contact.

## Discounted Pirate Tickets

In case you missed the Pirates takeover of the tower, tenants can still take advantage of discounted Pirate tickets for any regular season game for a limited time. To take advantage of this exclusive, limited-time offer, visit <https://www.mlb.com/pirates/tickets/specials/steel-tower>.