



FEBRUARY 2024



Tower Notes

A Leap in Time

Imagine if summer, which we've come to expect in June, began to occur in December! That's what would happen over time (about 700 years) if we didn't account for leap year, according to the Smithsonian Institution.

Typically, a calendar year is 365 days – but it takes Earth 365 days, 5 hours, 48 minutes and 56 seconds to orbit the Sun – and those hours, minutes and days need to be accounted for.

By adding an extra day every four years, our calendars stay aligned. Well, almost, but not quite. Adding a leap year every four years makes the calendar longer by 44 hours. That's why not every four years is a leap year.

The rule is simple. If the year is divisible by 100 and not divisible by 400, leap year is skipped. For example, the year 2000 was a leap year, but years 1700, 1800 and 1900 were not. The next time leap year will be skipped is the year 2100.

So, let's give a shoutout to leap year, which assures our seasons always occur on time and our calendar will match Earth's slightly

longer calendar year.



Daffodil Days

Beat the winter blues and fight cancer with Daffodil Days – American Cancer Society's biggest and brightest event! Daffodils are a brilliant reminder that cancer is survivable, and through the Daffodil Days campaign we bring hope and new life to many.

To place an order or make a donation to the American Cancer Society, visit [Daffodil Days](#). You can choose daffodil bunches, potted daffodils or tulips! You can also choose to give the Gift of Hope, where your flowers will be donated to a local health organization care facility.

Place your order by February 13th. Pickup is scheduled for Wednesday, March 20th (11:30 am to 5 pm) in the lower lobby.



Every cancer. Every life.™



It's Time to E-Cycle

Save the date for a building-wide e-cycling event here at the tower. Evolution E-cycling will be in the building on Wednesday, February 14th (floors 31 – 62) and Thursday, February 15th (floors 30 and down), to collect old computers and electronic devices for safe, convenient and legal e-cycling. Simply bring your items to your floor's service corridor by 11 am on your pickup day and be sure to label your items with your company name and suite number.

Evolution E-Cycling will be accepting IT, audio and telecom equipment. TVs and old-style CRT monitors will not be accepted. For questions, call Evolution E-Cycling at 412.787.1616 or email at jmetz@evolutionecycling.com

Pittsburgh Cultural Trust Water Cooler Event

Join us on February 28th, from 2 to 3 pm in The Hub, for a unique event featuring representatives from the Pittsburgh Cultural Trust on site to handle your ticket requests and queries personally. Whether it's a gripping theater performance, a soul-stirring concert or an eye-opening art exhibition, the Cultural Trust team will be there to guide you through the process, ensuring an optimal experience.

And that's not all – we're adding a delightful touch with fresh popcorn and a special treat. It's the perfect blend of entertainment and snacks to elevate your ticket-purchasing experience. As valued members, you'll also enjoy an exclusive tenant discount on upcoming shows. Don't miss this chance to experience world-class performances at a special rate.

Preview the upcoming shows and take advantage of the tenant discount at www.culturaldistrict.org/ussteeltower

Ping-Pong Tournament



Water Cooler Wednesdays

Get to know your fellow tenants on Wednesdays, from 2 to 3 pm in The Hub.

- February 7** – **Mardi Gras with King Cakes from Pranti's Bakery**
- February 14** – **Sullivan's Steakhouse Takeover! Dessert Edition**
- February 21** – **Black History Month Quiz and Heart Healthy Snack**
- February 28** – **Pittsburgh Cultural Trust**

STEELFIT

February Specials

- Burn 30 Pro Membership: Pay \$25, Value \$100
- Elite 30 Membership: Pay \$145, Value \$265
- Elite 45 Membership: Pay \$265, Value \$385
- Boost Personal Training: Ten, 45-minute sessions \$450, Value \$600 / Ten, 60-minute sessions \$600, Value \$750
- Locker Rentals: Small \$10/month, Large, \$15/month

**Food & Mood Nutrition Webinar
Tuesday, February 13th**

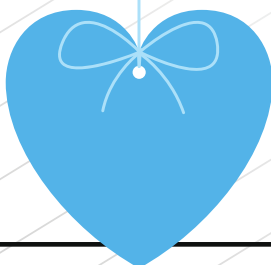
**Love Your Heart & Bring Your Own Buddy
Wednesday, February 14th**

Scan the QR code for all the details.



steelfit@aagfitness.com / 412-553-8817

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LOVE

is a canvas furnished by
nature and embroidered
by imagination.

– Voltaire



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