



APRIL 2024



Tower Notes



Bring your Child to Work Day

Winthrop Management is pleased to offer complimentary coffee, donut holes and hot cocoa in The Hub from 8:30 until 9:30 am on April 25th to get the day off to a great start for participating adults and children.

To celebrate these young professionals, Sullivan's will offer a special lunch menu. Plus, receive a complimentary dessert with the purchase of an entrée. A children's menu is available. Call 412.775.4000 for reservations. For group dining or catering, contact Kimberly.radinick@sullivanssteakhouse.com.

Cheers to 30 Years

Kudos to KinderCare for 30 years at the tower. From all of us at Winthrop Management, thank you for giving so many children of hardworking parents a place to play and grow. Here's to many more years of spreading joy, fostering creativity and shaping bright futures.

Mandatory Evacuation Drill

There will be a full-building evacuation drill on Monday, April 29th. This drill requires that we evacuate the building and move to our Assembly Area – Frankie Pace Park, located between Bigelow Boulevard and Centre Avenue.

This is a mandatory drill, required of each Pittsburgh high-rise building, every three years.

To prepare, we have scheduled four, 45-minute floor warden training sessions. The sessions will be held in the Thirty-five Conference Center Duquesne Training Rooms and virtually via Teams by signing up at [this link](#). Floor wardens are asked to attend one of the sessions, and all tenants are welcome.

- April 16th: 10 am**
- April 17th: 1 pm**
- April 23rd: 1 pm**
- April 24th: 10 am**

The drill will be conducted with the assistance of Pittsburgh Emergency Management, Fire, Police, EMS and the Department of Homeland Security. No one will be permitted access into the building during the 90-minute drill.

While we realize this is an interruption in your day, it is a vital exercise to help ensure your safety and the safety of all tower tenants and guests in the event of an emergency. Please plan your day and any office appointments accordingly.



Dates to Know

April 3rd – Pittsburgh Pirates Take Over the Upper Lobby, 11 am – 1 pm.

April 22nd – 24th – April 24th is Administrative Professionals Day, and we have a special Water Cooler Wednesday planned. In addition, stop by The Hub Welcome Desk between April 22nd and 24th to create a card to show your appreciation for these hard working heroes.

STEELFIT

Company of the Month

Congratulations to Northwestern Mutual, our April Company of the Month!

Did you know that your company can be featured as the SteelFit Company of the Month, making your entire team eligible for exciting discounts and FREE incentives when they join SteelFit? Take a look:

Benefits for Employees

- Two complimentary Burn classes
- One complimentary 30-minute Personal Training session
- Customized, private team-building group workout

Employees who join additionally receive

- One month free – pay only the initiation fee
- Unlimited free yoga
- Two nutrition products for \$4

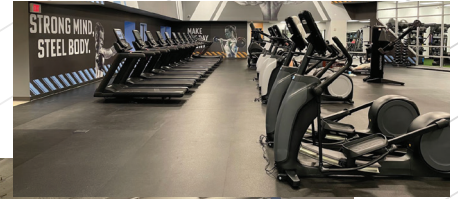
To be considered, submit your request to apietrone@aagfitness.com and provide your company's name, contact person and the contact's email address. We'll reach out to follow up.

Member Spotlight

Every month, the SteelFit team celebrates the individual who best demonstrates fitness, wellness and promotes a positive attitude. Awardees receive a customized package, which could include prizes like a free month's membership, nutritional products, personal training, free classes or car detailing.

Random Acts of Fitness

Tenants, join us on April 10th, from 12 to 1 pm in the Upper Lobby for Random Acts of Fitness. Perform an exercise selected by you or a member of the SteelFit team, then build your own trail mix bar. All participants will be entered in a raffle for two free months.



Water Cooler Wednesdays

Get to know your fellow tenants on Wednesdays, from 2 to 3 pm in The Hub.

April 3 – Celebrate the Pirates Home Opener with Cracker Jacks

April 10 – Tax Day theme

April 17 – Coffee and Drake's Coffee Cakes

April 24 – Cake – Thank You Admins!



You can never leave footprints that last if you are always walking on tiptoe.

– Leymah Gbowee

