



JANUARY 2025



Tower Notes



The bad news is time flies.
The good news is you're the pilot. ”

– Michael Altshuler

E-Cycling at the Tower

E-cycling is scheduled for January 15th (floors 31-62) and 16th (floors 30 and down). Simply bring your items to your floor's service corridor by 11 am on your pickup day and be sure to label them with your company name and suite number.

Evolution E-Cycling will accept IT, audio and telecom equipment (no TVs or old-style CRT monitors). If you have questions, please call Evolution E-cycling at 412.390.3450 or email Jacob Metz at jmetz@evolutionecycling.com.

Hub Huddle

Note day and time adjustments.

All huddles take place in The Hub unless otherwise noted.

- *Tues., January 7 – **Let's Salsa! 2 to 3 pm at SteelFit**
- Weds., January 8 – **Chips and Salsa, 2 to 3 pm**
- Weds., January 15 – **Sassy Soda Bar, 2 to 3 pm**
- Weds., January 22 – **Speedy Puzzler, 2 to 3 pm**
- *Weds., January 29 – **Sip and Smile, 1 to 3 pm**

* Reservations requested through the U. S. Steel Tower App, but walk-ins welcome

Holiday Party Raffle Winners

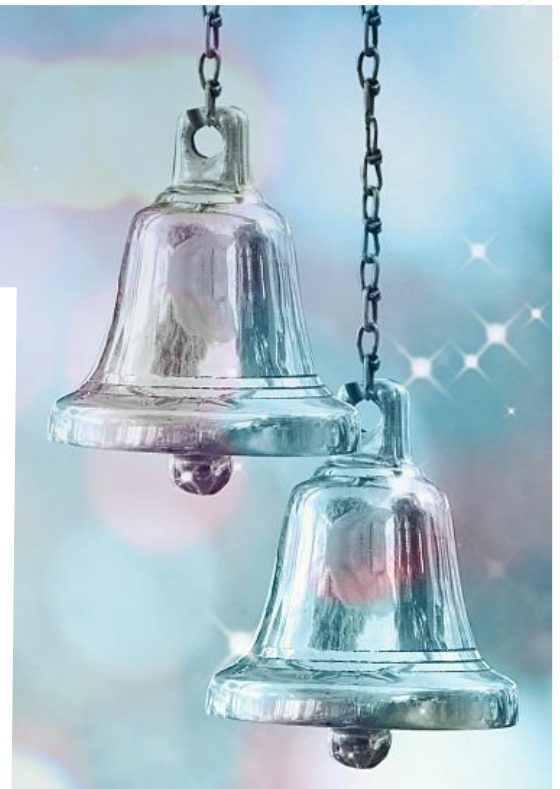
Six-month SteelFit Membership – Cheryl Steigerwald

Two \$50 Sullivan's Gift Cards – Chad Clark

Two Penguin Tickets – Diane Rice

5-Liter Bottle of Centine Toscana Wine – Sean Dryer

Thank you to everyone who donated to the Greater Pittsburgh Community Food Bank. On behalf of our tenants, we donated just over \$2,000!



STEELFIT

Company of the Month

Congratulations to our company of the month, Merrill Lynch. We invite all Merrill Lynch employees at the tower to come in and enjoy:

- One private group/team-building workout
- Join with no initiation fee (a \$25 value)
- Any two nutrition products for \$4
- Two FREE Burn classes
- One FREE 30-minute PT session
- 1st Month Free

January Specials for New and Current SteelFit Members: Free locker rental and free BURN classes all month long!